



Southampton Ladies Lacrosse Club (SLLC)

Constitution and Rules

Adopted July 2014

Amended August 2018

Amendments August 2019

1. The **Club** shall be called Southampton Ladies Lacrosse Club and will be affiliated to England Lacrosse Association

2. Aims and Objectives

The aims and objectives of the club will be:

- To offer coaching and competitive opportunities in lacrosse.
- To promote the club within the local community and lacrosse
- To ensure a duty of care to all members of the club.
- To provide all its services in a way that is fair to everyone

3. Playing colours

The Clubs colours shall be Pink and Black and White.

4. Voting

a. Throughout these rules, “majority” shall mean a majority of one or more of those present and voting and entitled to vote at a Club meeting.

b. Only members of the Club shall be entitled to vote at a General Meeting.

c. Voting at all Club meetings shall be by show of hands unless one or more members present demand a secret ballot.

5. Honorary Chair

a. The Club shall have an Honorary Chair who shall be elected at a General Meeting of the Club.

b. The Chairman shall remain in office until either the tendering of their resignation to the Club, or a request for their resignation is expressed by a majority at a General Meeting.

6. Club Officers:

a. The Officers of the Club shall be:

- The Chairman
- The Vice Chairman
- The Treasurer
- The Marketing Officer
- The Team Captain (s)
- The Media officer
- The Welfare Officer



- The Health and Safety officer
- The Social Secretary
- The Head Coach
- The Assistant Coach

- b.** The Officers shall be elected at the Annual General Meeting
- c.** The Annual General Meeting shall be entitled to elect other officers as it deems appropriate.
- d.** All officers will retire each year but will be eligible for re-appointment

7. The Management of the Club

- a.** The Management of the Club shall be entrusted to an Executive Committee consisting of the Officers of the Club.
- b.** Officers of the Club are responsible for discharging their duties on behalf of the club in line with their role descriptions.
- c.** The quorum required for business to be agreed by the Executive Committee will be 6 or greater than 60% of Committee members, whichever is greater. Only 1 vote per member, not role, shall be counted where person(s) may hold more than one Officer role.
- d.** The Executive Committee will be responsible for adopting new policies, codes of conduct and rules that affect the organisation of the club.
- e.** The Executive Committee will have powers to appoint sub-committees as necessary and appoint advisers to the Executive Committee as necessary to fulfil its business.
- f.** The Executive Committee will be responsible for disciplinary hearings of members who infringe the club rules/regulations/constitution.
- g.** The Executive Committee will be responsible for taking any action of suspension or discipline following such hearings.

8. Membership

- a.** Membership should consist of officers and members of the club.
- b.** All members will be subject to the regulations of the constitution and by joining the club will be deemed to accept these regulations and codes of conduct that the club has adopted.
- c.** Members will be enrolled in one of the following categories:
 - full member
 - student member

The Executive Committee shall have the power, if satisfied that any member has been guilty of conduct considered detrimental to the interests of the Club, to censure, suspend or expel that member.

Before such decision of the Executive Committee is implemented, the member shall be given the opportunity of stating their case and producing such evidences or witnesses as they may wish, in the light of which the Executive Committee may reconsider their decision.

The Executive Committee may, after what is considered to be a reasonable time and in the absence of what it considers to be reasonable evidence to the contrary, deemed a member to have terminated their own membership



by virtue of their non-involvement in the affairs of the Club.

9. Membership fees

- a. Membership fees will be set annually and agreed by the Executive Committee or determined at the Annual General Meeting. Fees will be paid annually in September/ September and January or the annual amount amortised over 12 months.
- b. There will be a fee deadline and a penalty for those that do not pay in line with this

10. Financial Year

- a. The Financial Year of the Club shall be from 1st April to 31st March.
- b. All financial matters shall be submitted to and decided by the Executive Committee or a General Meeting.
- c. A bank account shall be maintained by the Club
- e. A statement of accounts for the preceding financial year, together with a statement from the auditor, shall be presented to the members at the annual General Meeting.

11. The Annual General Meeting

The Annual General Meeting Shall be held between 1st May and 1st September on a date deemed appropriate by the Executive Committee.

12. Extraordinary General Meetings

- a. An Extraordinary General Meeting shall be convened by the Executive Committee upon receipt of a written request for such a meeting signed by at least eight members of the Club.
- b. Such a request shall state the reason (s) for the meeting and such reasons (s) shall be included on the agenda for that meeting.
- c. No business other than that on the agenda shall be discussed at the meeting.

13. General Meetings

- a. All members shall be given fourteen days' notice of a General Meeting and such notice shall include the agenda for that meeting.
- b. No General Meeting shall proceed to business unless a quorum of eight members is present.

14. Club Policy

- a. A General Meeting of the Club shall determine the policy of the Club on any matter.
- b. Such policy may be altered by the Executive Committee if, since the adoption of that policy, circumstances have changed or information come to light that make that policy, in the opinion of the Executive Committee, less than optimal for the interests of the Club.

15. Ordinary Meetings.

- a. The Executive Committee may call an Ordinary Meeting of the Club



at any time to discuss any business it deems necessary.

b. An Ordinary Meeting shall not have the power to determine the policy of the Club, but the Executive Committee may take notice of any decision or recommendation arising from such a meeting.

16. Rules and ruling

a. A General Meeting shall interpret these Rules and adjudicate on any point not covered by them.

b. Where such an interpretation or adjudication has not been expressed by a General Meeting, the Executive Committee shall have the power to make such interpretation or adjudication.

17. Rule Changes

Any change to the rules shall be made by a General Meeting and shall be supported by a majority of at least two thirds of those voting and entitled to vote.

18. Child Protection

The club will adopt and enforce the Policy set out by England Lacrosse.

19. Discipline and Appeals

All concerns, allegations or reports of poor practice/abuse relating to the welfare of children and young people will be recorded and responded to swiftly and appropriately in accordance with the club's child protection policy and procedures. The club welfare officer is the lead contact for all members in the event of any child protection concerns.

All complaints regarding the behaviour of members should be presented and submitted in writing to a member of the executive committee

The Executive Committee will meet to hear complaints within 21 days of a complaint being lodged. The committee has the power to take appropriate disciplinary action including the termination of membership. The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 7 days of the hearing.

There will be the right of appeal to the Executive Committee following disciplinary action being announced. The committee should consider the appeal within 14 days of the Executive Committee receiving the appeal.

20. Dissolution

A resolution to dissolve the club can only be passed at an AGM or EGM through a majority vote of the membership. In the event of dissolution, any assets of the club that remain will first be offered to another club with similar objectives to SLLC and thereafter will become the property of the England Lacrosse. This decision will be made by the Committee

21. Declaration

Southampton Ladies Lacrosse Club hereby adopts and accepts this constitution as a current operating guide regulating the actions of members.